



December 16, 2011

Friday Folder

Issue: 15



Third Week of Advent



The **Friday Folder** is a **PDF** document containing information for parents, guardians, students and staff.

It is available on our website each Friday. A general email notification is sent to all registered contacts when the Friday Folder ONLINE has been uploaded to our website and is available for you to read or download.

Special in this Issue:

- La Prima Hot Lunch Menu and Order Forms
- Music Lessons Flyer
- Passive Fund Raiser Flyer (Students)
- Passive Fund Raiser Flyer (Parents)

Regular Inclusions:

- **Principal's Letter (First Fridays or ad hoc)**
- **Q of A Weekly - Information Newsletter from our PTO**
- **The Calendar is available on our homepage**

<http://www.queenofapostlesschool.org>

PLEASE CHECK THIS CALENDAR REGULARLY- updates are made nearly every day so, to keep yourself informed, visit the calendar page often.

As events, notifications and information need to be shared with you, the Friday Folder will also include flyers, documents, forms, notifications, etc. as may become available.

The PTO Board's meeting minutes are also included in the Friday Folder as they are made available through the PTO Board Secretary (Usually monthly).

If you would like to submit anything for inclusion in our Friday Folder, all submissions must be sent via email as a PDF document or as a Word, Publisher, PowerPoint or Excel file.

In-house Conversion to PDF will be made to all submissions received in formats other than PDF prior to publication. All submissions must be approved by the principal before being published.

Email your submissions to Mr. Doxzen by the end of school (3:15 p.m.) on Tuesday for inclusion in that week's Friday Folder ONLINE.

Should you be unable to view or download the Friday Folder ONLINE, please contact Mr. Doxzen. Arrangements for receiving a printed copy of the Friday Folder must be made through the school office.

d.doxzen@queenofapostlesschool.org



Veritas et Gaudium

QUEEN OF APOSTLES CATHOLIC SCHOOL

4409 Sano Street, Alexandria, Virginia 22312

December 16, 2011

Dear Parents,

I was thoroughly impressed with the Christmas Concert. The students' singing was truly amazing, and the eighth grade students did a fantastic job acting out the Christmas story. I am truly grateful to Ms. Killion for working with the eighth grade and Mr. Cotton for putting on an incredible show.

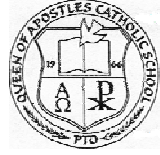
Queen of Apostles is offering a new afterschool songwriting class. BIGV Productions, who have been offering the class at St. John Academy in McLean, are providing the class for students. From conversations with the principal at St. John, the students and parents are extremely pleased with the program. The songwriting class is open to fourth through eighth grades. They are also offering private music instruction for first through eighth grade students. If you are interested, please return the registration forms which are in the Friday folder to the school office. Feel free to contact me if you have any questions about these classes.

I wish all of you a very safe, merry, and most especially holy Christmas.

In Christ,

Mark Moran

The Q of A Weekly



December 16, 2011

Merry Christmas Season, Parents!

Thanks to everyone for helping us show our teachers how much we appreciate them! We're down to the finish line for 2010! If you plan on contributing towards the Teacher's Christmas Fund, please submit your donations to the School Office ASAP.

Cash only, please. The donations will be divided amongst the faculty and staff.

Mr. Moran will deliver the gifts along with a beautiful card from all us parents to the teachers next week.

On behalf of our children and our teachers, thank you for helping with yet another project! We are so blessed at Q of A to have such supportive parents!



HOT LUNCH REMINDERS: Reminder - The PTO sponsored Hot Lunch Program is available through La Prima on Monday through Thursday. To order hot lunch for your child(ren), you must complete and return the Hot Lunch Order Form (attached). The deadline for ordering for January is **Tuesday, December 20.**

PASSIVE FUNDRAISING: Ask your family and friends to help us by designating our school with their **BONUSCARDS** from Giant Food, Safeway and Harris Teeters. Each shopping trip to these food stores using the Bonus Cards earns cash for our school!! Please complete the attached form on line and hit the submit button in the top right hand corner to return to us or print a hard copy and return to: Queen of Apostles PTO, 4409 Sano Street, Alexandria, VA 22312. All forms must be submitted by **TODAY - December 16, 2011.** Please contact Marlene Wilson at wilson_marlene@bah.com with questions.



HOLIDAY HAPPENINGS: We are so blessed to live in an area where there are always so many wonderful "happenings" going on right in our own back yard. And what better way to enjoy the holidays than with family, friends, and, of course, our beloved children. So, for your handy planning purposes – below are some of the wonderful holiday happenings in our area:

A visit to the National Christmas Tree and Pageant of Peace:

<http://www.thenationaltree.org/>

Parochial Administrator: Father Pollard fr.pollard@queenofapostles.org • Principal: Mr. Moran m.moran@queenofapostlesschool.org

President: Lourdes Ledesma llsiloti@aol.com • Vice President: Marina Cook fmcook@cox.net

Treasurer: Elsa Matos marlenematos3@gmail.com • Secretary: Cristina Crowley cristinacrowley@hotmail.com

Past President: Gladis Griffith ggriffith@uspsaig.gov • Members-at-Large: Sandra De Costa Alsan.decosta@gmail.com

Helen Glenister hglenister@aol.com • Publicity: Carolyn Coker carolyn_coker@verizon.net

Teacher Representatives: Ann Reid a.reid@queenofapostlesschool.org

The Washington Ballet's Nutcracker at the Warner Theatre:

http://www.washingtonballet.org/_webapp_2902530/The_Nutcracker

ICE! How the Grinch Stole Christmas at the Gaylord National Harbor Hotel (ice exhibit)

<http://www.gaylordhotels.com/gaylord-national/christmas-on-the-potomac/ice-experience/index.html?intcmp=gn-pl=tsr-cid=cotp-ice>

Bull Run Festival of Lights: http://www.nvrpa.org/park/bull_run_festival_of_lights

Dates to Remember

Dec. 21 Christmas Holiday Begins – 12:15 Dismissal –
NO Extended Day

Jan. 3 Classes Resume

Jan. 16 No School – Martin Luther King, Jr. Day

Jan. 23 Early Dismissal – 12:15pm – Extended Day Available

Jan. 27 No School - Professional Development Day

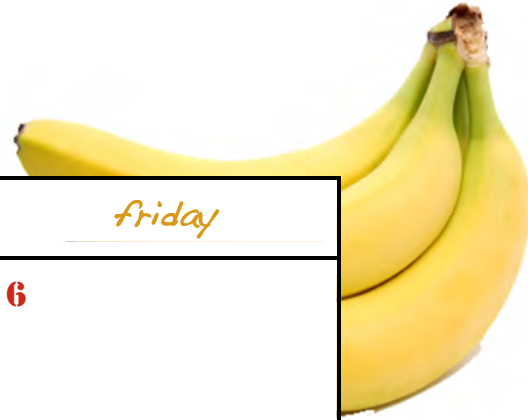
**Wishing Everyone a Blessed and Joyous
Christmas!**

Parochial Administrator: Father Pollard fr.pollard@queenofapostles.org • Principal: Mr. Moran m.moran@queenofapostlesschool.org
President: Lourdes Ledesma llsiodi@aol.com • Vice President: Marina Cook fmcook@cox.net
Treasurer: Elsa Matos marlenematos3@gmail.com • Secretary: Cristina Crowley cristinacrowley@hotmail.com
Past President: Gladis Griffith ggriffith@uspsaig.gov • Members-at-Large: Sandra De Costa Alsan.decosta@gmail.com
Helen Glenister hglenister@aol.com • Publicity: Carolyn Coker carolyn_coker@verizon.net
Teacher Representatives: Ann Reid a.reid@queenofapostlesschool.org

The H Generation



January 2012



<i>monday</i>	<i>tuesday</i>	<i>wednesday</i>	<i>thursday</i>	<i>friday</i>
2 Winter Break	3 Chicken Parmesan Rotini Pasta Spinach Salad Honeydew Melon Chocolate Chip Cookies	4 Tacos with lettuce, tomatoes, cheese & salsa Spanish Rice Fruit Salad	5 Cheese Lasagna Tossed Salad Orange Slices Blondies	6
9 Macaroni & Cheese Baked Chicken Nuggets Spinach Salad Apples	10 Seasoned Beef Strips Vegetable Fried Rice Peas Cantaloupe Melon Brownie	11 BBQ Riblets Oven Fries Green Bean Salad Fruit Salad	12 Chicken Alfredo Cavatappi Pasta Broccoli Bites Pineapple Applesauce Carrot Cake	13
16 Martin Luther King Holiday	17 Chicken Piccata Rotini Pasta Broccoli Bites Cantaloupe Melon Chocolate Chip Cookies	18 Boxed Lunch Turkey Sandwich Baby Carrots Chips, Fruit Cookies	19 Spaghetti & Meatballs Tossed Salad Grapes Vanilla Pudding	20
23	24 Teriyaki Beef Vegetable Fried Rice Fruit Salad Applesauce Carrot Cake	25 Sloppy Joes Sweet Potato Fries Cucumber Salad Pineapple	26 Macaroni & Cheese Baked Chicken Nuggets Carrot & Celery Sticks Honeydew Melon Sugar Cookies	27
30 Pasta Bolognese Tossed Salad Yogurt & Peaches Apples	31 Roasted Chicken Legs Parmesan Rice Roasted Green Beans Honeydew Melon Blondies	1 Roasted Turkey with Gravy Mashed Potatoes Broccoli & Tomato Salad Cantaloupe Melon	2 Chicken Quesadillas Spanish Rice Sweet Corn Pineapple Chocolate Chip Cookies	3



January 2012 Calendar for Queen of Apostles



La Prima does not use peanuts or other tree nuts in the school nutrition recipes.

Hot Lunch Order Form

Please return this order form along with a check made payable to "Queen of Apostles PTO" by Tuesday, December 20, 2011.
You may order monthly or pay in advance.

Milk is included.

Please complete the following:

Student Name	Grade	White Milk	Chocolate Milk	January \$68	February \$72	March \$77	April \$54	May \$77

TOTAL: \$_____

Parent Name: _____

Phone Number: _____

Yes, I would like to receive a confirmation of my order,
e-mail address: _____

If you have any questions, please contact Allie Bernardo at allie.bernardo@verizon.net or by phone at (703) 624-4645.



BIGV PRODUCTIONS
 13505 Dulles Technology Drive
 Suite 2
 Herndon, VA 20171
 571.323.2991
 www.bigvrecords.com

Registration Form – Queen of Apostoles

Song Writing: From the notebook to Macbook—turn your poetry into lyrics, your melodies to full produced songs.

Student Contact Information

Name	
Street Address	
City, ST, ZIP Code	
Home Phone	
E-Mail Address	

Date and Time Availability

Name of Student	
Days Available	
Times Available	

Song Writing:

Work with professional songwriters and arrangers with state of the art technology to help you craft poetry into lyrics, develop melodic phrases to best capture the sentiment of the music and fit the skill and style of the vocalist or instrumentalist. All Big V songwriters play multiple instruments so no playing experience is required to compose a song. Students with playing experience may bring their own instrument to add to their composition.

8 Week session - *Monday and Thursday*

Start Date: *January 9, 2012*

Choose your section Fees

Tuesday: 3:15 to 4:15 \$220.00

4:15 to 5:15 \$220.00

Both Sections \$400.00

Thursday: 3:15 to 4:15 \$220.00

4:15 to 5:15 \$220.00

Both Sections \$400.00

**No classes will be held when school is closed.*

Payment

Please make checks payable to BigV Productions. 10% of proceeds are donated to the school.

Signature of parent or guardian

Name: _____

Date: _____

Signature: _____



21st CENTURY MUSIC SOLUTIONS
13505 DULLES TECH DRIVE
SUITE 2
HERNDON, VA 20171
703.380.4121
www.21stcms.com

Registration Form – *Private Music Instruction*

Student Contact Information

Name	
Street Address	
City ST ZIP Code	
Home Phone	
E-Mail Address	

Programs

Which programs are you interested in enrolling?

- Piano Guitar *Mighty Mini Maestros (Early Education group Program)*

Programs Description

Piano:

Using a combination of traditional and modern techniques, students will learn to read, compose and perform music using today's music. Students will read treble and bass clef, play triads in major and minor keys, play a variety of scales and how to improvise and compose using twelve bar blues and other traditional progressions. The techniques learned in this program will enable the students to perform with rock bands, school bands and compose their own music.

Class Length: Once a week – Paid in 4 week increments

Ages: Grades 1st -8th

Fees:

30 Minutes Lesson - \$38 x 4 = \$152.00

60 Minutes - \$72 x 4 = \$288.00

Guitar:

Using a combination of traditional methodology and modern techniques, students will learn to read, compose and perform music using today music. Students will learn to play single notes, chords, how to read treble clef and tablature and how to improvise and compose using 12 bar blues, I-IV-V patterns and many other chord progressions. Our curriculum will be modified to fit the ability of the students. The techniques learned in this course will enable the students to perform with rock bands, school bands, and guitar ensembles as well as to compose original music.

Class Length: Once a week – Paid in 4 week increments

Ages: Grades 1st -8th

Fees:

30 Minutes Lessons - \$38 x 4 = \$152.00

60 Minutes Lessons - \$72 x 4 = \$288.00



21st CENTURY MUSIC SOLUTIONS
13505 DULLES TECH DRIVE
SUITE 2
HERNDON, VA 20171
703.380.4121
www.21stcms.com

Mighty Mini Maestros: Students Sing-a-long, dance and perform simple instrumental accompaniments to popular children songs including music from the Fresh Beat Band, songs of Sesame Street and other Disney and Nickelodeon hits. Additionally students are exposed to world music and classical orchestra pieces where they perform a variety of movements to the music and learn about the history of the composers. Basic Music Theory is taught through a variety of games and activities each class has a different theme focusing on music from a different TV show or movie, as well as a different country.

Class Length: Once a week – Paid in 8 week increments

Ages: 3 to 6 years old

Fees:

60 Minutes Lessons - \$180.00 * Per Kid

Date and Time Availability

By submitting this application, I affirm that the facts set forth in it are true and complete.

Name of Student	
Dates Available	
Time Availability	

Payment

Please make checks payable to 21st Century Music Solutions

Signature of parent or guardian (By submitting this application, I affirm that the facts set forth in it are true and complete)

Name: _____ Date: _____

Signature: _____

Prices are subject to change without notice. 21st Century Music Solutions reserves the right to cancel or alter sessions and schedules without notice.

Don't forget to register your grocery store cards for our passive fundraising! If you participated last year, you must re-register your card for the 2011-2012 school year. We are currently participating with the following programs:



When you make a purchase select Harris Teeter Brand products using your VIC card, Harris Teeter contributes a percentage of those purchase dollars to our school.

It's Easy! Simply give the cashier your VIC Card and the school's **(40981186441)** Together In Education number during checkout.



With A+ School Rewards, points accrue with each purchase that uses the Giant Card. It even works with purchases made online with Peapod by Giant. **(School ID: 02306)**



Safeway eScrip

eScrip is a fundraising program where families can sign up and support the school of their choice by simply shopping at Safeway with their Safeway Club Card. **(School ID:6669875)**



You shop, your favorite K-12 school benefits. It's that simple. And your REDcard makes it possible. **(School ID:16643)**

HARRIS TEETERS

1) Fill in your Harris Teeters BonusCard number below:

2) Fill in your name and address:

_____ State _____ Zip Code _____

Home Telephone: _____ Work Telephone: _____

E-mail: _____

GIANT FOOD BONUS CARD

1) Fill in your Harris Teeters BonusCard number below:

2) Fill in your name and address:

_____ State _____ Zip Code _____

Home Telephone: _____ Work Telephone: _____

E-mail: _____

SAFEWAY FOOD

1) Fill in your Harris Teeters BonusCard number below:

2) Fill in your name and address:

_____ State _____ Zip Code _____

Home Telephone: _____ Work Telephone: _____

E-mail: _____
