

The H Generation



March 2011



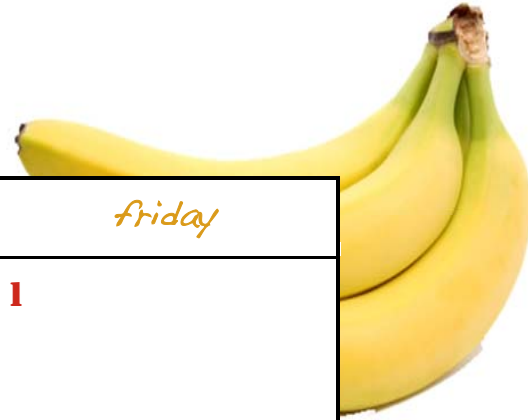
<i>monday</i>	<i>tuesday</i>	<i>wednesday</i>	<i>thursday</i>	<i>friday</i>
	1 Crunchy Tacos with lettuce, tomatoes, cheese and salsa Mexican Rice & Corn Orange Slices Blondies (no nuts)	2 Herbed Chicken Whole Wheat Roll Au Gratin Potatoes Green Beans Apples	3 Teriyaki Beef Vegetable Fried Rice Peas Fruit Salad Chocolate Chip Cookies	4
7 Chicken Pomodoro White & Wild Rice Blend Roasted Zucchini Pineapple Chunks	8 Beef Chili Honey Corn Bread Spinach Salad Fruit Salad Brownies	9 Cheese Omelet Hash Browns Broccoli Bites with dipping sauce Pumpkin Raisin Loaf Orange Slices	10 Pasta Bolognese Focaccia Bread Tossed Salad Apples Chocolate Pound Cake	11
14 Chicken with Aurora Sauce Rotini Pasta Spinach Salad Apples	15 Sloppy Joes Oven Roasted Potatoes Marinated Vegetables Fruit Salad Double Chocolate Cookies	16 Chicken Quesadilla Spanish Rice Corn Seedless Grapes	17 Spaghetti & Meatballs Tossed Salad with ranch dressing Honeydew Melon Sugar Cookies	18
21 Mexican Taco Salad with lettuce, tomatoes, cheese and salsa Tortilla Chips Fruit Salad	22 Macaroni & Cheese Baked Chicken Nuggets Cucumber Rounds with dipping sauce Honeydew Melon Sugar Cookies	23 Roasted Beef with Gravy Mashed Potatoes Green Beans Cantaloupe	24 Chicken Parmesan Penne Pasta Broccoli & Tomato Salad Pineapple Chunks Vanilla Pudding	25



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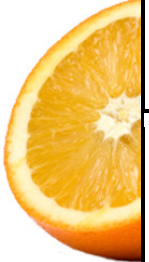
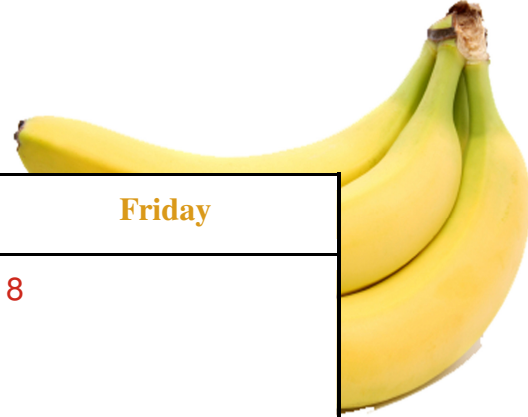
<i>monday</i>	<i>tuesday</i>	<i>wednesday</i>	<i>thursday</i>	<i>friday</i>
28 Chicken Alfredo Radiatore Pasta Tossed Salad Seedless Grapes	29 Roasted Turkey with Gravy Mashed Potatoes Glazed Carrots Honeydew Melon Banana Loaf	30 Honey Lemon Chicken Whole Wheat Roll Rice Pilaf Green Peas Cantaloupe	31 Soup & Sandwich Tomato Soup Roasted Turkey Sandwich Carrot & Celery Sticks Apples Oatmeal Raisin Cookies	1



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April 2011



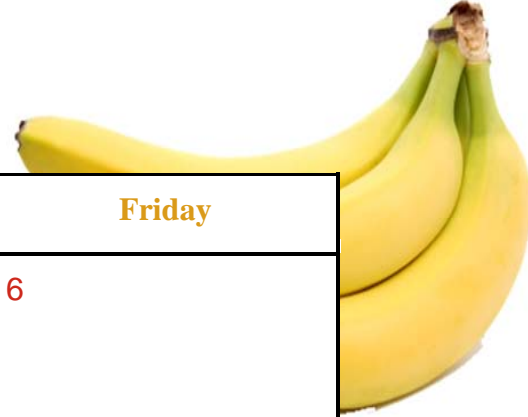
Monday	Tuesday	Wednesday	Thursday	Friday
4 Chicken Teriyaki Vegetable Fried Rice Corn Pineapple Chunks	5 Mexican Taco Salad with lettuce, tomatoes, cheese and salsa Tortilla Chips Fruit Salad Double Chocolate Cookies	6 BBQ Turkey Sandwich Tater Tots Marinated Vegetables Apples	7 Chicken Parmesan Penne Pasta Spinach Salad Honeydew Melon Brownies	8
11 Sloppy Joes Oven Fries Green Bean Salad Cantaloupe	12 Chicken Fajitas with cheese, salsa and sour cream Spanish Rice Cucumber Rounds Pineapple Chunks Tea Cookies	13 Macaroni & Cheese Baked Chicken Nuggets Carrot & Celery Sticks Orange Slices	14 Beef Chili Honey Corn Bread Tossed Salad Fruit Salad Chocolate Pudding	15
18 Meatball Sub Roasted Potatoes Broccoli Slaw Apples	19 Chicken Pomodoro Cavatappi Pasta Tossed Salad Honeydew Melon Oatmeal Raisin Cookies	20 Seasoned Beef Strips White & Wild Rice Blend Peas Banana	21 No Hot Lunch Early Release	22
25 Spring Break	26 Spring Break	27 Spring Break	28 Spring Break	29 Spring Break



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May 2011



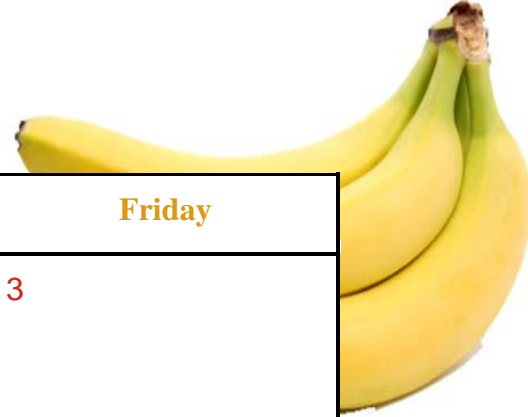
Monday	Tuesday	Wednesday	Thursday	Friday
2 Macaroni & Cheese Baked Chicken Nuggets Spinach Salad Honeydew Melon	3 BBQ Turkey Sandwich Oven Fries Carrot & Celery Sticks Pineapple Chunks Tea Cookie	4 Chicken Curry Rice Pilaf Cucumber Rounds Seedless Grapes	5 Cheese Omelet Hash Browns Broccoli Bites Pumpkin Raisin Loaf Orange Slices	6
9 Chicken Fajitas with cheese, salsa, and sour cream Mexican Rice & Corn Carrot & Celery Sticks Fruit Salad	10 Spaghetti & Meatballs Tossed Salad Honeydew Melon Double Chocolate Cookies	11 Tex - Mex Chicken Black Beans Cucumber Salad Banana	12 Sloppy Joes Tater Tots Broccoli & Tomato Salad Cantaloupe Oatmeal Raisin Cookies	13
16 Chicken Parmesan Penne Pasta Tossed Salad Pineapple Chunks	17 Beef Meatloaf Whole Wheat Roll Mashed Potatoes Broccoli Bites Apples Chocolate Chip Cookies	18 Tacos with lettuce, tomatoes, cheese & salsa Spanish Rice Fruit Salad	19 Baked Ziti Spinach Salad Honeydew Melon Vanilla Pound Cake	20
23 Turkey with Aurora Sauce Radiatore Pasta Spinach Salad Honeydew Melon	24 BBQ Chicken Breast Potato Salad Carrot & Celery Sticks Apples Sugar Cookies	25 Meatball Sub Roasted Potatoes Green Bean Salad Pineapple Chunks	26 Chicken Quesadillas Spinach Salad Peaches & Yogurt Chocolate Chip Cookies	27



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June 2011



Monday	Tuesday	Wednesday	Thursday	Friday
30 Memorial Day Holiday	31 Macaroni & Cheese Baked Chicken Nuggets Spinach Salad Grapes Sugar Cookies	1 Mexican Taco Salad with lettuce, tomatoes, cheese and salsa Tortilla Chips Fruit Salad	2 Chicken Curry Rice Pilaf Cucumber Rounds Peaches & Yogurt Chocolate Chip Cookies	3
6 Spaghetti & Meatballs Tossed Salad Honeydew Melon	7 Lemon Oregano Chicken Parmesan Rice Green Beans Cantaloupe Chocolate Pound Cake	8 BBQ Turkey Sandwich Tater Tots Marinated Vegetables Apples	9 Scrambled Eggs Pancakes Maple Sausage Orange Slices	10
13	14	15	16	17
20	21	22	23	24

